



### **Pendulum/Dowsing – History**

Pendulum/Dowsing use dates back to pre-historic times where Caves in the Sahara show paintings of males spinning small pouches attached to wooden sticks. The Ancient Egyptians and the Chinese around 2200 B.C.E. used divining rods to locate water sources.

The Old Testament of the Bible has references to Moses using a divining rod to find water in the desert when leading his people to the promised land.

Used to locate water, twigs or rods were used to scan land surface areas, when a water source was detected, the twig would bend down toward the source. With rods, they may cross at the point where digging should begin. An explanation of this is that when the twigs or rods were passed through the magnetic energy field of the water, they would respond accordingly.

Dousing/Pendulum tools have long been used to map and grid earth energies.

Modern day uses include, but may not be limited to: Answers to Yes/No Questions, Tool of divination, (Channeling/verification), Determination of issues of personal health Decision Making, (What would be to my highest good?), Herbal Supplementation Business Advise/Direction.

Dousing/Pendulum Tools are generally two twigs, two dousing rods, or a pendulum weight attached to a string with a top piece (to hold the unit steady).<sup>1</sup>

**Similar Wisdoms:** Many cultures have their own traditional methods for finding places of positive energy in which to live. In Australia, for instance, there is an old custom in which farmers enclose a flock of sheep on the site of a proposed new home, and leave them there overnight. They then observed where the flock slept, in the belief that the sheep will naturally move to the location with the most beneficial energy.

### **A Little About Vibrational Energy**

Vibration is the to and fro motion of an object when displaced from it's original resting position, as in transmitting sound, as well as the supernatural emanations that are felt by others.

Pendulums are an excellent tool with which to monitor and provide feedback on certain vibrational energy changes as they respond within a reasonable period of time, and with the accuracy of the vibrational change only.

While some may feel they can control a pendulum with their mind, I have not yet come across any one document or individual that can support this claim. There is a simple test to disprove any notion of mind control overriding a pendulum answer. Simply take a known object/answer, and have the individual claiming control to force the pendulum to answer contrary to the known constant.

Vibrations of Zero through Nine, correlations and observations. The levels of Vibrational energy, as we know it, can be described using the range of numerical dispositions zero through nine, with zero (no pulse) being at one end of the range, and nine (the highest pulse) being at the other end of this range.

Example of correlations The word “Love”, the color “pink”, the mineral Rose Quartz, the Heart Chakra, a musical note of “F”, the vibrational energy of FOUR all have the same frequency, or vibrational range or resonance. Light – Color – Sound.

A Note Of Interest: Open yourself up to receiving all the Universe has to offer you. Rid yourself of fear, anxiety, and anger blocks. Allow the Universe to freely flow through you, a vessel of perfection. “Your soul belongs to the Universe. Your mind is an outlet through which the creative intelligence of the Universe seeks fulfillment”.<sup>2</sup>

### **Intention and Use**

Is using a pendulum evil? Can you subject yourself to negative energy or entities? How do you know who is providing the answer to a question posed? What is the difference between a Ouija Board and a pendulum?

The answer to these questions is one word...intention. Your personal intention will protect you in any situation and from any perceived negative experience. That is not to say you will never experience a perceived negative matter if your intention is to block them because as we all know, if a life lesson comes in the form of a perceived negative experience, then it is in fact to our highest good to experience it.

I say “perceived” negative experience because I agree with Metaphysician Terrance Tully on his philosophy regarding the notion of “negative”, in that “Nothing is good or bad, it is all how you look at it”.<sup>3</sup>

When using a pendulum, (or any form of divination, for that matter), one must be aware of the truth of what is to the highest good. If one poses a question, or seeks information that is not to the highest good to know, the answer may be inaccurate, incomplete, or unclear.

### **Getting Ready to use a pendulum**

With a new pendulum, charge your pendulum to acquaint it with your energy. One way of accomplishing this is to carry your pendulum with you for the first several days. Patience is important to remember, in the beginning, or with a new pendulum.

Should I allow someone else to use or touch my pendulum? Allowing someone else to use your pendulum is purely up to you. Some feel that the energy between you and your pendulum is sacred and under no circumstance should it be mixed with energy(ies) of another.

While I am not one that is given to notions of paranoia, prudence is also important. If you have taken the time to properly charge your pendulum, cleanse your pendulum, and acquaint it with your energy, you may wish to preserve these actions by not allowing others to interfere with that energy.

### **Cleansing Your Pendulum**

There are numerous methods by which one can cleanse energy from a solid form. I have briefly outlined 3 for your convenience. I recommend that you also take the time to research information on cleansing from a source that may take the subject into greater depth. You will want to cleanse your new pendulum, and remember from time to time to cleanse it as it may pick up external energies that may influence the accuracy of the tool.

There are many different methods with which to energetically cleanse an object or instrument, and the means and methods will vary dependent on your social/spiritual structure and/or belief system. Following are three fairly generic methods with which to cleanse your tool.

#### **Full Moon Cleansing**

Merely hang your tool from an outdoor area where it will receive the most amount of time under full moon light. Please insure that it will not be disturbed by inquisitive children, adults, or animals. Leave the pendulum in the light of the full moon for one night.

While hanging the pendulum, I, quietly state your intentions as to what you are doing. Example: It is my hearts desire that our beautiful moon, in all her glory, cleanse my new pendulum through basking in the glorious Universal moon energy.

#### **Sea Salt Bath**

Place your pendulum at the bottom of a small bowl or other sort of container. Pour dry sea salt over the top of the pendulum until it is completely covered. The time you need to leave your pendulum in the sea salt is approximately 8 hours. This time varies, depending on who you talk to. Ask 8 people and you'll get 8 different answers! Observe and be aware of what feels right to you.

### **The Freezer**

I call this cleansing for the busy “metaphysical” person. Simply place your pendulum in the freezer for a period of between 2 – 4 hours. Again, you’ll know when it feels cleansed. If it does not feel “cleansed” after this short time, leave it in the freezer for 24 hours.

### **Minerals/Clusters**

Placing your pendulum on any mineral cluster for a given period of time will clear and cleanse the energy. Placing your pendulum on a piece of kyanite will also do the same. Some pendulum owners place a little piece of kyanite right in the pendulum storage bag.

**An Interesting Note:** Did you know that Citrine and Kyanite are the only two forms of minerals that never pick up or retain energy, therefore never need cleansing, and are good minerals to cleanse others with?<sup>4</sup>

### **Charging Your Pendulum**

The charging process is usually performed after the cleansing process. Again, the school of thought here varies from person to person, and some may tell you that you do not even have to charge your pendulum. Charging a pendulum is the same as charging a mineral. Placing your energy, intention, and thoughts into a blessing or prayer that clearly states the reason(s) of use.

Again, I’ll say you know what’s right for you. If you choose to, here’s a straight forward way with which to charge your pendulum with your own personal energy.

In addition to charging it with a prayer of blessing, I feel just holding your pendulum in your energy hand, and charging it with your energy is a good way to charge the instrument.

Hold the pendulum in your hand that seems to be the most receptive to energy vibrations.

### **How To Pose A Question**

When posing a question, always remember to:

**Keep the question simple**

**Keep the question short**

**Pose it with words like “Is it to my highest good...”**

**Be as specific as possible**

If the question posed is too complicated, or if it may not be to your highest good to know the answer, you will receive inaccurate responses.

Let me give you an example of a scenario where inaccuracy was experienced. The question that does not contain the simple 3 elements above, and the results I received by my pendulum.

I went to dinner with a close friend one evening a while ago. During dinner, he announced he and his girlfriend had decided to marry on September 8<sup>th</sup> of that year.

Being a clairvoyant, I instantly picked up on other dates that would be better for them to marry. These dates were all within the same month several months after the month they were originally planning to marry.

To confirm my feelings, I pulled my pendulum out, asked it to show me a yes and no. The I posed the question... "Is it to his highest good to marry her on September 8<sup>th</sup>?" The pendulum responded with a large "YES".

Needless to say, I was confused. Why was I picking up discomfort over them marrying in September? Why was I channeling dates that would be more favorable for them in December?

While I was driving back to the city I lived in, it dawned on me. I had asked the pendulum 2 questions in one. "Is it to his highest good to marry her?" and "On September 8<sup>th</sup>?"

The pendulum was responding to the first question of the two posed as one.

When I split the questions, the response to question one was YES and to question two NO.

Further single question inquiries revealed that any of the December dates I had channeled would be better.

I called my friend. He consulted with his love. They changed their date from September 8<sup>th</sup> to December 21<sup>st</sup>. The wedding went off without a hitch. The weather was beautiful. They were more financially ready for the December 21<sup>st</sup> date then had they kept the September 8<sup>th</sup> date.

In summary, please remember to keep the question simple yet very specific.

### **Getting Started – A Prayer of Protection**

Earlier we talked about intention. Each day, prior to the first time you consult your pendulum, it is best to utilize a prayer to insure that you are only working with energies

to your highest good, as well as the good of those with whom you may serve through your pendulum.

With the prayer said, let's discuss a little more about posing questions.

We've covered posing questions. Now, the only thing you need to remember is starting the question and answer session.

Always start with asking your pendulum to show you a yes. After the yes response, ask it to show you a no. You may even ask it to show you a maybe response.

Always thank your pendulum and the energies that are present for responding to your question.

If you are using a pendulum chart, hold your pendulum over the chart, and ask it to respond to the "yes" direction, and then to the "no" direction. For more complicated charts, ask it to then show you where a particular number, percentage, or letter is.

**REMEMBER:** When you first start working with your pendulum, the responses may be slight. Too, it may take a moment or two for the response. Please keep in mind that the more you work with your pendulum, it's response will be greater and faster.

### **Asking Questions For Yourself & For Others**

Are you 100% in your own name vibration? If not, how do you become 100% within your own name vibration. What is your name vibration?

Simply stated, your name vibration is, vibrationally, who you really are. In other words, your true essence. If your pendulum is indicating your true essence to be a name other than your given name, the alphabet chart may be used to verify your true essence.

While some may tell you your pendulum will only respond to questions and provide you with answers to yourself, I believe that the Universal energies present will also be able to answer questions you pose for others. I have tested this many times and have received favorable responses each time.

With that said, after you "calibrate" your pendulum, and before you pose the question(s) for another, always ask it...Are you familiar with the energy of (persons name here). If the response is yes, then proceed with a question like "Can you answer some questions for me regarding (persons name here).

Again, with a favorable response, proceed with your question(s).

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<sup>1</sup> Atlas of the New Age, Gerry Maguire Thompson, 1999

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<sup>2</sup> This Thing Called You, Ernest Holmes, 1948

<sup>3</sup> Doctor Terrance Tully, Metaphysician, University of Colorado, Boulder, (Deceased) The University of Colorado at Boulder holds the majority of Terrance Tully's works within their Historical Archives.

<sup>4</sup> Melodie's Love Is The Earth, A Kaleidoscope of Crystals, Melody, 2005 (UPDATED)