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The violet flame (also called the violet fire) is a unique spiritual energy that can help you in all areas of your life. It can heal emotional and physical problems, improve your relationships, help you to grow spiritually, or just make life easier.

The flame is the essence of a unique spiritual light. Mystics of all ages have glimpsed a "spiritual spectrum" behind the physical spectrum. Radiant colors, more pure and rare than those found on earth, emanate from a brilliant, "inner" divine light. Just as a ray of sunlight passing through a prism refracts into seven colors, spiritual light splits into seven colors, or "rays" - each of which has specific divine qualities. The violet flame comes forth from the violet ray, which has the qualities of mercy, forgiveness, freedom and transmutation.

The color violet has long been associated with spirituality. Having the highest frequency in the visible spectrum, violet is at the point of transition to the next octave of light. To the ancients, this transcendental color was a spiritual rather than a physical phenomenon.

Saints and adepts throughout the ages have known how to use the violet flame, but it was only released to the public earlier this century by an Ascended Master called Saint Germain. Ascended Masters are enlightened spiritual beings who once walked the earth like you and me. They balanced their karma (paid their debts to life) and fulfilled their reason for being. They then ascended, or reunited with God. You probably already know the names of a few Ascended Masters - Jesus Christ, Gautama Buddha and Krishna.

## What the Violet Flame Does

The violet flame has the power to erase, or transmute the cause, the effect, and even the memory of our past mistakes, change the karmic nature of relationships, and prtect us from negative or non-beneficial energy. Transmutation means to change to alter in form, appearance or nature. The violet flame changes negative energy into positive energy, darkness into light, "fate" into opportunity. The flame also erases the resultant "bad karma" of our mistakes.

On the physical level, the violet flame can help heal our bodies by removing the karma that makes us vulnerable to illness and disease. But the real cause of disease is often rooted in our mental, emotional and spiritual states.

## How the Violet Flame Works

The violet flame works by changing "vibrations". In physics, vibration is the speed

of oscillation - the speed at which something moves back and forth. On the atomic level, vibration can be understood to be the speed at which electrons orbit around the nucleus of the atom. The violet flame works by changing vibrations on this level.

Atoms are mostly empty space. The empty space between the nucleus and the electrons is where negative energy and karma can become stuck. When the atoms in our bodies and auras become clogged with this negativity, the electrons whirl slower and slower, and we begin to resonate more with negativity, and less with light - we have a lower vibration, and become less spiritual.

The violet flame transmutes this negative energy. It does not simply surround and remove the energy, but transforms it into light. Because there is less density within the atom, the electrons whirl faster and faster, thereby raising your vibration.

When you have a higher vibration, there is more spiritual energy in your body. Acupuncturists and yogis know that optimum health comes when this spiritual energy flows freely throughout the body. The violet flame frees up this energy and re-establishes harmony and equilibrium, propelling you into a more spiritual state of being.

## How to Use the Violet Flame

The violet flame is practical and easy to use.

Find a place where you won't be disturbed, and sit comfortably in a straight chair with your spine and head erect, legs and arms uncrossed and feet flat on the floor. Rest your hands on your upper legs, with palms facing upwards.

The violet flame is invoked through "decreeing" - a unique form of spoken prayer utilizing visualization and meditation. One of the simplest decrees to the violet flame is:

## "I AM a being of violet fire! I AM the creation of God's desires!"

Take a few, slow deep breaths and center in your heart. Start out slowly, giving the decree with love, devotion and feeling. Repeat the decree until you feel the violet flame surrounding you, in the plms of your hands, (whatever presence you are manifesting). Repeating the decree strengthens its power and draws down more light.

